

PERSONAL PROTECTIVE EQUIPMENT (PPE) COMPETENCY VALIDATION

Donning and Doffing

Standard Precautions and Transmission Based Precautions

Type of Validation: Orientation Annual Other

Student Name _____ Health Sciences Profession

DONNING PPE	COMPETENT	
	YES	NO
1. Performs hand hygiene		
2. Dons Gown		
a. Inserts head through top opening		
b. Inserts arms into sleeves with opening in the back		
c. Wraps ties around back, tying bow in the back		
d. Ensures coverage of torso from chest to knees and arms to end of wrists		
3. Dons Surgical Mask or N95/Respirator		
Surgical Mask:		
a. Secures ties/bands at middle of head & neck or elastic bands behind ears. Fits flexible band to cheeks and nose bridge		
N95:		
a. Holds respirator in palm of hand and places on face covering nose and mouth		
b. Pulls upper strap over and places it on the crown of head		
c. Pulls bottom strap over head and places at base of neck		
d. Molds the nose piece using pads of fingers over the cheeks and bridge of nose to obtain a tight seal		
e. Performs a seal check, places both hands completely over the respirator, takes a few deep breaths and feels around the mask to ensure there is no air leaking out, indicating a good seal		
<i>If wearing N95, may need to cover with either a face shield or surgical mask to conserve N95</i>		
4. Dons Face Shield or Goggles		
a. Places over face and eyes and adjusts to fit		
5. Dons Gloves		
a. Extends to cover wrist of gown. Ensures no skin is exposed.		
DOFFING PPE		
1. Doffs Gown and Gloves		
a. Grasps gown in the front and pulls away from body breaking ties & touching outside of gown only with gloved hands		
b. Folds or rolls the gown inside-out into a bundle		
c. Peels off gloves as gown removed, touching only the inside of the gloves and gown with bare hands		
d. Places gown and gloves into waste container		
2. Performs Hand Hygiene		
3. Removes Face Shield or Goggles (eye protection removed after exiting room /closing door)		
a. Removes face shield or goggles from the back by lifting head band and without touching the front of them		
b. Face shields and goggles are cleanable. Disinfects when removed from face with available PDI wipe, stores for reuse. Discards when damaged.		
4. Removes Mask or N95/Respirator (respirator removed after exiting room/closing door)		
Surgical Mask:		
a. Unfastens bottom and then top ties or holds both ear loops and gently removes from face		
b. Discards surgical mask in waste container		
For N95/ Respirator:		
a. Holds the respirator with dominant hand to maintain position on face. **N95 covered by a face shield or surgical mask is not considered contaminated and holding prevents it from flipping up into eyes.		
b. Pulls bottom strap over head, still holding the respirator in position, pulls top strap over head		
c. Removes from face and places in designated, individually labeled container for personal reuse or decontamination.		
5. Performs hand hygiene		
STANDARD PRECAUTIONS & TRANSMISSION BASED PRECAUTIONS		
Correctly identifies the appropriate PPE for the following scenarios		
a. Standard Precautions (PPE to be worn based on anticipated exposure*		
b. Contact/Contact Enteric Precautions (gown & gloves)		
c. Droplet Precautions (surgical mask)		
d. Airborne Precautions (Fit-tested respirator if applicable)		

* Examples include: mask for coughing/vomiting patient, goggles/face shield for irrigating draining wound, gown for dressing change if scrubs may touch patient, etc.

Supervisor Signature: _____ Date: _____