

# 37<sup>th</sup> Annual Mid-Atlantic Area Society for Parenteral & Enteral Nutrition (MASPEN) Conference



**Friday, October 7, 2022**  
**8:30 AM – 4:30 PM**  
**Check-In: 8:15 AM**

**Charlotte AHEC - Live Webinar**

This Symposium is Jointly Sponsored by Charlotte AHEC and MASPEN,  
in collaboration with the UNC Eshelman School of Pharmacy.



## TARGET AUDIENCE:

Dietitians, Nurses, Pharmacists, Physicians and all other healthcare professionals interested in nutrition support.

## GOAL:

LEARN the newest evidence-based practices for caring for adult and pediatric patients receiving parenteral and enteral nutrition.

This educational conference will address current challenges in providing nutrition support therapy and provide clinicians with scientific literature and practice recommendations supporting best practices to promote safe and effective therapy.

## COURSE FEES:

\$130.00 Earlybird Registration (*Deadline is Friday, September 30*)

\$145.00 Registration (*Regular Registration Deadline is October 6 @ 12 PM*)

## CE CREDIT:

**Charlotte AHEC provides 0.60 Continuing Education Units / 6.0 Contact Hours**

### Dietitian Credit:

This activity has been approved by the Commission on Dietetic Registration for 6.0 Hours of Continuing Professional Education (CPE Credit) - Activity #142752.

### 6.0 Contact Hours of Continuing Pharmacy Education Credit:

The University of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE# 0046-9999-22-169-L04-P (Pharmacists) provides 6.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form at the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 1 to 3 weeks. No partial credit will be available.



## DISCLOSURE STATEMENT:

In accordance with the Accreditation Council for Pharmacy Education's Guidelines for Standards for Commercial Support, anyone involved in planning or presenting at this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be asked to disclose this information at the beginning of their presentation.

## LEARNING OBJECTIVES

At completion of this knowledge-based activity, the participant should be able to:

- Identify best practices for caring for patients with ostomies.
- Discuss the role of indirect calorimetry in guiding nutrition support for critically ill adult patients.
- Examine new evidence for providing nutrition support to critically ill adult patients.
- Understand fluid and electrolyte requirements for patients receiving specialized nutrition support.
- Describe methods to manage challenges frequently encountered in caring for patients receiving nutrition support therapy.

## FACULTY

**Angela L. Bingham, PharmD, BCPS, BCNSP, BCCCP,  
FASPEN, FCCP, FASHP**

Vice Chair and Associate Professor of Clinical Pharmacy  
PGY2 Critical Care Residency Program Director  
Philadelphia College of Pharmacy  
University of the Sciences  
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**Sara Bliss, PharmD, BCPS, BCNSP, BCCCP**

Director of Pharmacy Nutrition Support Services  
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Durham, NC

**Laura Niederer, RDN, LDN**

Clinical Research Coordinator  
Duke Office of Clinical Research  
Clinical Dietitian  
Duke University Hospital  
Durham, NC

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Nutrition Support Specialist  
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Surgical Critical Care, Trauma Surgery  
Prisma Health-Midlands  
Columbia, SC

**Jessica Reath, RD, LDN, CNSC**

Clinical Nutrition Supervisor  
Nutrition Support Team  
Prisma Health-Midlands  
Columbia, SC

**Linsey Spence, DO**

Gastroenterologist  
Atrium Health  
Pineville, NC

## AGENDA

### FRIDAY, OCTOBER 7, 2022

- 8:00 – 8:20 AM **Waiting Room Open**
- 8:20 – 8:30 AM **Meeting Room Open**
- 8:30 – 8:45 AM **Welcome and Introduction**  
Sara Bliss, PharmD, BCPS, BCNSP, BCCCP, MASPEN President
- 8:45 – 9:45 AM **High Output Ileostomy: Preventing Acute Kidney Injury**  
Carol Rees Parrish, MS, RDN
- 9:45 – 10:00 AM **Break**
- 10:00 – 11:15 AM **Pearls and Pitfalls of Indirect Calorimetry in Acute Care**  
Laura Niederer, RDN, LDN
- 11:15 – 12:30 PM **Electrolyte and Fluid Management in Adult Nutrition Support: A Practical Approach**  
Angela Bingham, Pharm.D., BCPS, BCNSP, BCCCP, FASPEN, FCCP, FASHP
- 12:30 – 12:45 PM **Break**
- 12:45 – 1:30 PM **Posters/Vendors** - Grab lunch and stay tuned for poster presentations and vendors/sponsors!
- 1:30 – 3:00 PM **Facilitated Learning Sessions (3 pre-selected during registration; 25 minutes each)**
- Striking a Balance: Sodium and Fluids in Adult Nutrition Support**  
Angela Bingham, PharmD, BCPS, BCNSP, BCCCP, FASPEN, FCCP, FASHP
- PN 101: Nutrient Requirements**  
Jessica Reath, RD, LDN, CNSC
- PN 101: Micronutrients in Feast and Famine**  
Sara Bliss, PharmD, BCPS, BCNSP, BCCCP
- Am I Overfeeding? A Case Series Utilizing Indirect Calorimetry**  
Laura Niederer, RDN, LDN
- Use of Teduglutide and Long-Acting GLP-2 Agonists**  
Linsey Spence, DO
- 3:00 – 3:15 PM **Break**
- 3:15 – 4:15 PM **Translating Nutrition Support Guidelines into Clinical Practice**  
Phillip Prest, DO, FACOS, FACS
- 4:15 – 4:30 PM **Wrap-up/Evaluations/Adjourn**  
Sara Bliss, PharmD, BCPS, BCNSP, BCCCP, MASPEN President

## REGISTRATION & PAYMENT INFORMATION:

- Event # 68359
- Registrations and payment by credit card are accepted through our website at [www.charlotteahec.org](http://www.charlotteahec.org).
- Payment must accompany registrations.
- Register by faxing the registration form to 704.512.6561
- Register by mailing the registration to:  
Charlotte AHEC Registrar  
P. O. Box 32861  
Charlotte, NC 28232-2861

## ADA STATEMENT:

If you need any auxiliary aids or services identified in the American with Disabilities Act in order to attend this conference, please contact Jorge Rudko.

## CONTACT:

Jorge Rudko, Education Specialist  
[Jorge.Rudko@AtriumHealth.org](mailto:Jorge.Rudko@AtriumHealth.org)

## CANCELLATION POLICY:

- Charlotte AHEC follows the Charlotte-Mecklenburg School System cancellation schedule for workshops at the Center for Learning and Development.
- Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future Charlotte AHEC program.
- If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future Charlotte AHEC program.
- No refunds will be given for individuals who cancel less than 48-hours prior to the program.
- No transfers or refunds will be given for no-shows.
- Substitutes are welcome (please notify us in advance of the program).
- Cancellations MUST be made in writing (fax, mail, or email).

## PLANNING COMMITTEE

### Patricia Apsitis, RPh

MASPEN Immediate Past President  
West Columbia, SC

### Sarah Ashcraft, BA

Education Specialist, Pharmacy & Nursing Education  
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Charlotte, NC

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Charlotte, NC

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Durham, NC

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Professor and Chair, Department of Clinical Pharmacy and Outcome Sciences  
College of Pharmacy  
Clinical Pharmacy Specialist, Pediatrics/Pediatric Surgery  
MUSC Shawn Jenkins Children's Hospital  
Medical University of South Carolina  
Charleston, SC

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Clinical Dietitian, Nutrition Specialist  
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### Molly S. Cromer, MS, RD, LDN, CNSC

Vice President of Clinical Nutrition Programs  
ContinuumRx Specialty Infusion Services

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Winston-Salem, NC

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Charlotte, NC

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### Debbie Underwood, RD, LDN, CNSC

Clinical Nutrition Manager, System-Wide  
Cone Health  
Greensboro, NC

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CASCE # 68359

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 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

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 Nickname \_\_\_\_\_ Last 4 digits of SSN (required) \_\_\_\_\_ Race \_\_\_\_\_

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 Degree/Certification/License \_\_\_\_\_ Employer & Department \_\_\_\_\_ Specialty \_\_\_\_\_

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 Employer County (required) \_\_\_\_\_ Home Address (Street/PO Box/City/State/Zip) \_\_\_\_\_

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 Work Address (Street/PO Box/City/State/Zip) \_\_\_\_\_  Home  Office

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 Home Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Work Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Fax \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

Disclaimer: By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

**Conference Fees:**

- \$130.00 Earlybird Registration (*Deadline is Friday, September 30*)
- \$145.00 Registration (*Regular Registration Deadline is October 6 @ 12 PM*)

**Payment Methods:**

For Pharmacist ACPE Credit: NAPB 6 digit # \_\_\_\_\_ Pin (birth month & day): \_\_\_\_\_

Payment enclosed/check number: \_\_\_\_\_

Atrium Health Employees (Interdepartmental transfer of funds):

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 Department \_\_\_\_\_ Business Unit & Department Number \_\_\_\_\_

Please visit our website ([www.charlotteahec.org](http://www.charlotteahec.org)) for more information or to register online (credit card payments and Interdepartmental Transfer of Funds Only).

For Office Use Only: CK# \_\_\_\_\_ AMT \_\_\_\_\_

# Thank you

**We wish to acknowledge our sponsors for their generous support!**