Identifying and Reducing Polypharmacy in Older Adults Utilizing Beers Criteria

Tuesday, April 22, 2014
Center for Learning & Development
& Webinar
Charlotte NC

Co-sponsored by Charlotte AHEC and The University of North Carolina Eshelman School of Pharmacy.

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Instructor(s): Courtenay Gilmore Wilson, PharmD, CDE, BCPS, CPP

Target Audience
Pharmacists, Physicians, Physicians Assistants, Nurse Practitioners

Goal
This knowledge-based CPE activity will provide the healthcare professional with a review of current guidelines for the selection of medications in the elderly population and better understanding of strategies to improve medication regimens to reduce the potential for patient harm.

Course Objectives
At the completion of this knowledge-based activity, the participant should be able to:

- Identify factors associated with and consequences of polypharmacy in older adults
- Review best practices for taking a full medication history
- Discuss strategies to reduce polypharmacy, including the Beers Criteria
- Describe updates made in the 2012 Beers Criteria
- Review strategies for treating geriatric patients without the use of Beers Criteria medications

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**Registration**

Participants must sign in at the registration table before the start of the program. Registration and check-in will begin at 6:00 pm. Webinar participants may check into the virtual meeting space by 6:00 pm. The course begins promptly at 6:30 pm and ends at 8:30 pm with the course schedule and costs as follows:

- 6:00 pm to 6:30 pm: Registration, Check-In by both live and webinar participants
- 6:30 pm to 8:30 pm: Identifying and Reducing Polypharmacy in Older Adults Using Beers Criteria
  Courtenay Gilmore Wilson, PharmD, CDE, BCPS, CPP

**Course Fees**

$50.00 (pre-registration before April 16, 2014) for both Center for Learning & Development Center and Webinar participants
$65.00 (thereafter)
Registration for webinar must be by April 21, 2014.
*This program is partially supported from a grant from Carolina Geriatric Education Center.*
Please register online at [www.charlotteahec.org](http://www.charlotteahec.org)

**AHEC Refund Policy:** Individuals who register for a course and cancel between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. If you cancel more than 2 weeks in advance of the course, there is a $25.00 cancellation fee. No refund will be given for individuals who cancel less than 48 hours prior to the program. Substitutes are welcome. Cancellations MUST be in writing (fax, mail or email). If possible, please notify us of this change prior to the program.

**Continuing Education Credit For Pharmacists:**

The University Of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE 0046-9999-13-361-L01-P (Pharmacist) provides 2.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 4 to 6 weeks.

**For Physicians, Physicians Assistants, Nurse Practitioners:**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the direct sponsorship of Carolinas HealthCare System/Charlotte AHEC. The Carolinas HealthCare System/Charlotte AHEC is accredited by the ACCME to provide continuing medical education for physicians. The Carolinas HealthCare System/Charlotte AHEC designates this Live Activity for a maximum of 2.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

**Course Coordinators**

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ADA: If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact the Charlotte AHEC office at (704) 512-6523.

Contact Sarah Ashcraft:
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for information on this program!