Preliminary Program 2011
The Pain Society of the Carolinas
Annual Meeting & Scientific Sessions
October 28-30, 2011 The Ritz-Carlton
Charlotte, North Carolina

Jointly sponsored by The Pain Society of the Carolinas and Charlotte AHEC
You’re Invited

to the Scientific Sessions

We want to welcome you to join us for this educational program that will not only introduce you to pain management as a subspecialty within your practice but also introduce you to the rapidly expanding field of diagnosis, treatment, and cures. Our faculty consists of highly qualified pain management specialists selected for their excellent teaching skills, approachability and insight to help you build your core knowledge, performance and comprehensive practice in pain management.

By means of didactic sessions and distinguished guest lectures, you will be carefully guided through the complexities of this critically important medical discipline that affects many of our patients, families, neighbors, and friends.

The Annual Meeting and Scientific Sessions are carefully designed for both practicing physicians and health care professionals. We have joint sessions and parallel tracks designed to address specific issues facing the team of experts in your medical practice. We also recognize that our Region is home to many of our Military medical physicians and personnel. We have talks specific to caring for our war wounded and we have discounted the registration so that those who keep our military healthy may attend. We welcome physicians, physician assistants, therapists, pharmacists, physiatrists, nurses, and complementary medicine specialists to join us in Charlotte!

James F. Crews, MD
President

.....to Charlotte, North Carolina

It is a pleasure to host the annual meeting in Charlotte, North Carolina, October 28 – 30, 2011. The Ritz-Carlton Charlotte (with additional sleeping rooms at the Marriott City Center) was chosen as our meeting venue not only for its location in the exciting city of Charlotte but also for its elegant accommodations. The Ritz-Carlton Charlotte is centrally located for shopping, family adventure, and museum exploration. We too are making history by founding The Pain Society of the Carolinas and we are delighted to welcome you to the meeting.

Richard Rauck, MD
Founder

Purpose

The purpose of this program is to educate physicians and health care practitioners in evolving acute and chronic pain management and provide a forum for participants to gain valuable understanding in evidenced based techniques, treatments, and solutions for patients suffering from acute and/or chronic pain.

Educational Objectives

At the end of this program, participants should be able to:

- Identify, analyze and apply treatment options specific for acute pain.
- Identify, analyze and apply treatment options specific for chronic pain.
- Determine when to apply certain options in conjunction with complimentary techniques thereby employing a comprehensive approach to patient care.
- Identify critical areas of medical pain management thereby promoting excellence in pain care in the participant’s practice.
- Identify and resolve military-specific pain care issues, options and outcomes.
- Coordinate a multi-disciplinary approach to acute and chronic pain that yields less suffering and less emotional, physical, and financial expense to the patient.
- Identification of techniques (ie: pharmacotherapies, imaging, electronic stimulus) and the application of these techniques to individual patients to assist in prescribing the best individualized treatment plans for acute and chronic pain.
- Close the “fragmentation” gap in care identified in the AAPM Position Statement.
- Understand the interplay of social, emotional and physical symptoms of pain to treat the “total person”.

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**PROPOSED FACULTY**
*(Subject to Change)*

**Charles Argooff MD**
(Special Guest Lecturer)
Albany Medical Center
Albany, New York

**Steven Cohen MD**
Johns Hopkins University
Baltimore, Maryland

**Oscar de Leon Casasola MD**
(Special Guest Lecturer)
Roswell Park Cancer Institute
Buffalo, New York

**Gerald Aronoff MD**
Carolina Pain Associates
Charlotte, North Carolina

**Thomas Buchheit MD**
Duke University Medical Center
Veterans Administration
Medical Center
Durham, North Carolina

**Scott Clingan PA-C**
Carolina Pain Institute
Center for Clinical Research
Winston-Salem, North Carolina

**Robert Coghill PhD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**James Crews MD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**Thomas Duc Jr. MD**
Pain Associates of Charleston
Mt. Pleasant, South Carolina

**Jeff Folk MD**
Anesthesia Associates of Charleston & Pain Management
Charleston, South Carolina

**Anne Marie Fras MD**
Duke University Medical Center
Durham, North Carolina

**JC Gerancher MD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**Christopher Gilmore MD**
Carolinans Pain Institute
Winston-Salem, North Carolina

**Brian Ginsberg MB BCh**
Duke University Medical Center
Durham, North Carolina

**Daryl Henshaw MD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**Billy Huh MD**
Duke University Medical Center
Durham, North Carolina

**Leonardo Kapural MD**
Carolinans Pain Institute
Winston-Salem, North Carolina

**Carol Knowles PA-C**
Greensboro Orthopedics
Greensboro, North Carolina

**Paul Lafavore MD**
Unifour Pain Treatment Physicians
Hickory, North Carolina

**Patrick LaGuerre MD**
Lake Norman Anesthesiology
Mooreseville, North Carolina

**Pamela Nagle MD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**James North MD**
Carolinans Pain Institute
Center for Clinical Research
Winston-Salem, North Carolina

**Steven Prakken MD**
HRC Behavioral Health and Psychiatry PA
Chapel Hill, North Carolina

**Richard Rauck MD**
Carolinans Pain Institute
Center for Clinical Research
Winston-Salem, North Carolina

**Ezra B. Riber MD**
Palmetto Pain Management LLC
Columbia, South Carolina

**Jennifer Roux MD**
Carolinans Pain Institute
Winston-Salem, North Carolina

**John Satterthwaite MD**
Carolina Center for Advanced Management of Pain
Greenville, South Carolina

**Elliott Semble MD**
Salem Rheumatology
Winston-Salem, North Carolina

**William Spillane MD**
The Johnson Neurological Clinic
High Point, North Carolina

**David Vaughn Esq.**
Vaughn & Associates
Baton Rouge, Louisiana

**Thomas Weber MD**
Wake Forest University
Baptist Medical Center
Winston-Salem, North Carolina

**Robert Wilson MD**
Piedmont Interventional Pain Care
Salisbury, North Carolina

**Amanda Zimmerman PA-C**
Advanced Interventional Pain
Winston-Salem, North Carolina
The Pain Society of the Carolinas Annual Meeting & Scientific Sessions
Friday, October 28, 2011 (Day 1)

10 - Noon  Board of Directors Meeting
10 - 5 PM  Registration
1 - 1:15 PM  Opening remarks and Welcome (President James Crews)
1:15 - 2 PM  Plenary #1
Preoperative Management of Postsurgical Pain in the Chronic Pain Patient: Brian Ginsberg
2 - 3:30 PM  Workshop #1
Complex Regional Pain Syndrome
Diagnostic Considerations: William Spillane
Interventional Procedures: John Satterthwaite
Spinal Cord Stimulation and Ketamine: What Are Their Roles: James North
3:30 - 5 PM  Workshop #2
The Sacroiliac Joint: How to Approach in the Chronic Pain Patient
Understanding the Joint and its Role as a Pain Generator: Richard Boortz-Marx
Diagnostic Blocks: Intraarticular Versus Lateral Branch: Jeff Folk
Denervation Techniques: Monopolar, Bipolar, Lateral Branch: Leonardo Kapural
5 - 7 PM  Welcome Reception with the Exhibitors

The Pain Society of the Carolinas Annual Meeting & Scientific Sessions
Saturday, October 29, 2011 (Day 2)

8 - 8:50 AM  Plenary #2
Management of Headache: Charles Argoff
8:55 - 9:45 AM  Plenary #3
Evidence-Based Medicine for Pain Interventions: Steven Cohen
9:45 - 10:15 AM  Break with the Exhibitors
10:15 - 11:15 AM  Workshop #3: (Interventional)
Role of the Acute Pain Service:
Academic Model: Brian Ginsberg
Private Practice Model: TBD
Workshop #5: (Practitioner)
An Overview of Common and Uncommon Arthritis Syndromes Seen in Chronic Pain: TBD
Common Intraarticular Injections: Indications, Drugs, Frequency: Thomas Duc
11:15 - 12:15 PM  Workshop #4: (Interventional)
Role of Ultrasound for Regional Anesthesia, Acute Pain Management, and Chronic Pain
Use of Ultrasound in Regional Anesthesia and Postoperative Pain Management: Daryl Henshaw
Use of Ultrasound in the Pain Clinic: Thomas Buchheit

Workshop #3A (Radiofrequency)
Understanding the Complexities of Radiofrequency
Overview of Radiofrequency: Theory, Indications, Frequency, And Complications: Robert Wilson
Cervical, Thoracic and Lumbar Medial Branch Denervation: Paul Lafavore
Radiofrequency of the Dorsal Root Ganglion, Trigeminal Nerve, and Sphenopalatine Ganglion:
Efficacy and Technique: Leonardo Kapural

Workshop #6: (Practitioner)
Misuse, Abuse, and Diversion of Opioids in Chronic Pain: How to Avoid: Jennifer Roux
Urine Screening in the Chronic Pain Patient: How To, How Often, and How to Interpret: William Spillane
12:15 - 1:45 PM  
**Annual Business Meeting of the Membership Luncheon and Special Lecture:**
Opioids for Non Cancer Pain: The Good, The Bad, The Ugly: *Oscar DeLeon*

1:45 - 3:15 PM  
**Workshop #7 (Interventional)**
- Spinal Cord Stimulation: Efficacy and Outcomes
- Axial Stimulation: Does the Evidence Support Efficacy: *James North*
- Refractory Angina and Peripheral Vascular Disease: Is There a Role in the US?: *Richard Rauck*
- Visceral Stimulation: What Diagnoses and What Kind of Efficacy Should We Expect? *Leo Kapural*

3:15 - 3:45 PM  
**Break with the Exhibitors**

3:45 - 5:15 PM  
**Workshop #8 (Interventional)**
- New Interventions for Spinal Pathology
- Intradiscal Methylene Blue: Fact or Fantasy? *James North*
- Cooled Radiofrequency Techniques: *Billy Huh*
- Minimally Invasive Lumbar Decompression (MILD): *Leo Kapural*

6 - 7:30 PM  
**Reception**

**The Pain Society of the Carolinas Annual Meeting & Scientific Sessions**
*Sunday, October 30, 2011 (Day 3)*

8 - 9 AM  
**Workshop #11 (Interventional)**
- Novel Applications of Electrical Stimulation
  - Occipital Nerve Stimulation: Indications and Outcomes: *Tom Weber*
  - Peripheral Field Versus Peripheral Nerve: Where are We in 2011?: *James North*
  - Lily’s Loop: Minimizing Lead Migration in SCS Trials: *Ezra Riber*

9 - 10 AM  
**Workshop #12 (Acute Pain Update)**
- Acute Pain/Regional Anesthesia Workshop:
  - Non-opioid Analgesics in the Management of Postoperative Pain: *JC Gerancher*
  - Opioid Analogic Adjuvant Medications in the Multimodal Approach to Postoperative Pain Management: *Pam Nagle*

10 - 10:20 AM  
**Break with the Exhibitors**

10:20 - 11:0 AM  
**Plenary #4**
Imaging the Pain Pathway: *Robert Coghill*

11:10 - 12 PM  
**Plenary #5**
Management of our War Wounded Soldier: An Update: *Thomas Weber*
- Post Amputation Pain Syndromes: *Thomas Buchheit*

12 - 12:10 PM  
**Closing Remarks:** *James Crews and William Spillane*
Accommodations
The Ritz-Carlton Hotel Charlotte, North Carolina is a boutique elegant member of the Ritz-Carlton collection. We have reserved a block of rooms at The Ritz-Carlton Hotel for meeting attendees and their guests. Rates are $199 single/double plus applicable sales tax. To ensure availability, please reserve your room as soon as possible by contacting The Ritz-Carlton Hotel directly at (704) 547-2244 or toll free at 1-800-241-3333 or online at: https://www.ritzcarlton.com/en/Properties/Charlotte/Reservations/Default.html#top The Ritz-Carlton Charlotte group code QDBQDBA. Rooms are limited so book early!

The Marriott City Center, Charlotte North Carolina is our budget partner for the Annual Meeting. With a rate of $111 single/double plus applicable taxes per night, this option provides an upscale yet affordable accommodation option for our attendees. To ensure availability please reserve your room as soon as possible by contacting the Marriott hotel directly at 1-800-228-9290 and mention the name of the hotel (Charlotte Marriott City Center), the dates (10/28 - 10/30), the group (The Pain Society of the Carolinas Room Block) and the reservations representative will be able to make the reservations at the group rate of $111. You may also book online at http://www.marriott.com/hotels/travel/cltcc?groupCode=tpstpsa&app=resvlink&fromDate=10/28/11&toDate=10/30/11. Rooms are also limited so book early!

CME Information
Carolinas HealthCare System, Charlotte Area Health Education Center (AHEC) is the continuing education provider for this activity.

Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Carolinas HealthCare System / Charlotte AHEC and The Pain Society of the Carolinas. The Carolinas HealthCare System / Charlotte AHEC is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement
The Carolinas HealthCare System/Charlotte AHEC designates this LIVE ACTIVITY for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Policy on Faculty and Sponsor Disclosure
The Carolinas HealthCare System/Charlotte AHEC adheres to the ACCME Standards regarding industry support of continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

ADA Statement
If you need any auxiliary aids or services identified in the American with Disabilities Act in order to attend this conference, please call Robin L. Hoyle, Executive Director at 727.498.7484, by facsimile at 727.362.6210 or by email at carolinapainsociety@gmail.com.

Intended Audience
Anesthesiologists, Surgeons, Neurologists, Orthopedics, Internal Medicine, General Practitioners, Emergency Room, Psychiatrists, Pharmacists, Physician Assistants, Nurses, Therapists, Complementary Medicine Specialists.

Your Host
The Pain Society of the Carolinas was founded in 2010 to advance the art and science of pain medicine by promoting and maintaining the highest standards of professional practice through education and research; by aiding and encouraging the education of medical students, residents, fellows, practicing physicians, and other health care providers in pain management and by obtaining and publishing scientific information in pain medicine and management.

When you register for the 2011 Annual Meeting and Scientific Sessions, you will also receive a 2012 membership in the Society. You will be sworn in at the Annual Meeting of the Membership Luncheon on Saturday, October 29, 2011. We look forward to seeing you in Charlotte!
**Participant Information**

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**Meal Preference and Billing Information**

Please indicate if you would like a vegetarian meal: ☐ Yes ☐ No

**Payment Methods:**

☐ Check Enclosed/Check Number: _______ (Please include program number and registrant’s name on the check.)

☐ Credit Card (Circle one: American Express, Discover, Visa, MasterCard Only):

     _______ - _______ - _______ - _______ Exp Date: ______ / ______

Name as it appears on credit card

Your Signature

**Carolinas HealthCare System Employees:**

Interfund Transfer

Department Business Unit/Department Number

Dept. Head Signature

Visit [www.charlotteahec.org](http://www.charlotteahec.org) to view our CANCELLATION POLICY