



## Ambulatory Care Pharmacy Forum NC Annual Meeting 2021

Friday, January 15, 2021  
8:30 AM to 4:30 PM  
Online Webinar

*Co-sponsored by Ambulatory Care Pharmacy Forum of North Carolina,  
Charlotte AHEC and The University of North Carolina Eshelman School of Pharmacy*

### **Target Audience:**

Pharmacists

**Goal:** The Ambulatory Care Pharmacy Forum of North Carolina is a network for and led by ambulatory clinical pharmacists with an ongoing goal of providing networking, collaboration, and educational opportunities for likeminded pharmacists in North Carolina with an emphasis on practical ambulatory care topics and unmet public health needs. In addition to providing networking opportunities for ambulatory care pharmacist, this application-based CPE activity will provide the pharmacist with clinical practice updates on a variety of topics.

For more information on Ambulatory Care Pharmacy Forum of NC: [www.AmbulatoryCarePharmacyForum.com](http://www.AmbulatoryCarePharmacyForum.com).

### **Registration and Agenda**

Webinar participants may check into the virtual meeting space by 8:30 am. The course begins promptly at 8:50 am ends at 4:00 pm with the course agenda and objectives as follows:

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|-------------------|--|
| 8:20 am – 8:40 am | Welcome, Introductions, Instructions<br>Pete Koval, PharmD, BCPS CPP and Josh Guffey, PharmD, BCACP, BC-ADM, BCPS  |
| 8:40 am 0 8:45 am | A Word from the Ambulatory Care Pharmacy Forum Founder<br>Keith Latham, PharmD   |
| 8:45 am -9:45 am  | <b>To Treat or Not to Treat: Management of Dyslipidemia in Older Adults</b><br>Kim Nealy, PharmD, BCPS, CDCES, CPP <ol style="list-style-type: none"><li>1. Discuss literature and guideline recommendations for management of dyslipidemia in older adults</li><li>2. Identify candidates for pharmacologic intervention for dyslipidemia</li><li>3. Outline utility of medications available for the treatment of dyslipidemia in older adults</li><li>4. Select evidence-based treatment plans for older adults with dyslipidemia</li></ol> |
| 9:45 am – 9:50 am | BREAK  |

- 9:50 am - 10:50 am **The Role of SGLT2 Inhibitors in CKD**  
Donald S Nuzum, PharmD, BCACP, BC-ADM, CDE, CPP and  
Alaina Olenik, PharmD, BCACP, CDCES, CPP
1. Summarize SGLT2 inhibitor CVOT, HF and CKD data
  2. Identify patients with or without T2DM who may benefit from SGLT2inhibitor therapy in the presence of CDK
  3. Select an appropriate medication regimen given a patient case
- 10:50 am – 10:55 am BREAK
- 10:55 am – 11:55 am **Tobacco/Nicotine Abuse – A Comprehensive Approach for Preventive Wellness**  
Pete Koval, PharmD, BCPS, CPP
1. Identify efficient strategies for eliciting and evoking change in patients interested in tobacco cessation.
  2. Select and implement alternative drug therapy strategies for patients unsuccessful with tobacco cessation monotherapy.
- 11:55 am – 12:15 pm Lunch
- 12:15 pm – 1:15 pm EXHIBITORS
- 1:15 PM – 2:15 PM **Update on the Treatment of Depression in Primary Care**  
Chris Dolder, PharmD, BCPS
1. Summarize treatment guidelines for the pharmacologic treatment of depression
  2. Summarize properties of newer antidepressants and describe their potential role in the treatment of depression
  3. Describe augmentation strategies for the treatment of depression
- 2:15 pm – 2:20 pm BREAK
- 2:20 PM to 3:20 PM **Breathe Easier: Updates in Asthma Management**  
Andy Woods, PharmD, BCPS
1. Discuss new GINA recommendations regarding asthma reliever medications
  2. Identify an appropriate patient care plan that incorporates up-to-date practice recommendations through a patient case
- 3:20 pm – 3:25 pm BREAK
- 3:25 pm – 4:25 pm **Clinical Pearls for Adapting to the Virtual World**
- Moderator: Erika Peterfy, PharmD, CDE, BCACP and Nick Wilkins, PharmD, BCPS, CDCES, CPP  
Panelist: Shay Phillips, PharmD and Kristie Clark, PharmD
1. Describe commonly available technologies to assist in delivering clinical pharmacy services.
  2. Discuss the different platforms available to gather relevant clinical data from patients remotely.
  3. Summarize numerous key factors and ideas to engage virtual learners.
  4. Identify several available avenues for billing clinical services via remote and telehealth work.
- 4:25 pm – 4:30 pm Wrap Up and Close  
Josh Guffey

**Course Fees**

*Pharmacists and Other Healthcare Professionals:*

\$60.00 Registration Fee

\$20.00 Registration for Pharmacy Residents

No fee Registration for Pharmacy Students

Please register online at [www.charlotteahec.org](http://www.charlotteahec.org)

**We wish to thank the following exhibitors:**

- Lilly
- Novo Nordisk
- Abbot CGM and Abbot Nutrition

**AHEC Refund Policy:** Individuals who register for a course and cancel between 2 weeks and up to 48 hours prior to the program will receive a 70% refund. If you cancel more than 2 weeks in advance of the course, there is a \$25.00 cancellation fee. No refund will be given for individuals who cancel less than 48 hours prior to the program. Substitutes are welcome. Cancellations MUST be in writing (fax, mail or email). If possible, please notify us of this change prior to the program.

*Continuing Education Credit For Pharmacists:*



The University Of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE# 0046-9999-21-009-L01-P (Pharmacist) provides 6.0 contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the online evaluation of the program (instructions to be emailed). Statement of credit can be viewed and printed in CPE Monitor. Statements of

CE Credit will be processed in approximately 2 to 3 weeks.

**\*\*No partial credit will be available\*\***

***"Special thanks to Keith Latham as the founder of the Ambulatory Care Pharmacy Forum of North Carolina"***

**Course Planning Committee**

**Sarah Ashcraft**

Education Specialist, Pharmacy Education - Charlotte Area Health Education Center (AHEC)/Regional Education

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Assistant Professor of Clinical Education - UNC Eshelman School of Pharmacy

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**Nick Wilkins, PharmD, BCPS, CDE, CPP**, Director, Ambulatory Care Clinical Pharmacy Services, Atrium Health

## **Faculty**

**Kristie Clark, PharmD, BCD** Coordinator/Clinical Pharmacist, Atrium Diabetes Care, AH Cabarrus Medication Management

**Chris Dolder, PharmD, BCPS**, Clinical Pharmacist Specialist, VA Northern California Healthcare System and Consultant for Atrium Health Cabarrus – Senior Behavioral Health Unit

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**Andy Woods, PharmD, BCPS**, Associate Professor of Pharmacy, Wingate University School of Pharmacy

**ADA:** If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact the Charlotte AHEC office at (704) 512-6523.

Contact [sarah.ashcraft@atriumhealth.org](mailto:sarah.ashcraft@atriumhealth.org) for information on this program