

# 31st Annual Cabarrus County Sports Medicine Symposium

January 18, 2020

Atrium Cabarrus - Hamrick Theater

**7:00-7:45**      Registration / Continental Breakfast

**7:45-8:00**      Opening Remarks

**8:00-9:50**      The Athlete Brain: It's not always about Concussions

- 1) Grady Hardeman M.Ed, LAT, ATC
- 2) Dr. Izzy Justice
- 3) Panel Discussion (25 min)

**9:50-10:10**      Break / Visit Exhibitors

**10:10-11:30**      Knee Injuries, Non-Surgical/Surgical Treatments and Rehabilitation

- 1) Dr. Kevin Burroughs
- 2) Dr. Robert Morgan
- 3) Jim Bazluki M.Ed, LAT, ATC, EMT
- 4) Panel Discussion (20 min)

**11:30-12:15**      Lunch

### Concurrent Sessions

Time	Hamrick Theater	Betty Steele Conference Room	MAB Classrooms 1,2,3
<b>12:20-1:15</b>	<b>*EBP*</b>  EAP for Safer Sports EBP with Discussion	High Risk Stress Fractures  Dr. Katherine Foster	Core Assessment: Interventions and Exercises  Joan Miller PT
<b>1:20-2:15</b>	Rod Walters EdD, LAT, ATC	Managing Athletes with Type I Diabetes Mellitus  Dr. Brent Messick	Core Assessment: Interventions and Exercises  Joan Miller PT
<b>2:15-2:45</b>	Break	Break	Break
<b>2:45-3:40</b>	<b>*EBP*</b>  Rectal Thermometry to Determine Exertional Heat Stroke: Practical Tips for Clinical Settings in Sport  Susan Yeargin PhD, ATC	Challenges to Nutritional Health & Performance of Student Athletes  Patricia Azra RD	Corrective Manual and Stabilization Therapy  Natalie Williams LAT, ATC, LMBT, CMSP, Kaitlyn Lindler ATC, MS, CMSP Elechia Morgan
<b>3:45-4:45</b>	<b>*EBP*</b>  Rectal Thermometry to Determine Exertional Heat Stroke: Practical Tips for Clinical Settings in Sport  Susan Yeargin PhD, ATC	Review of Common & Uncommon Selected Medical Topics  Dr. Adam Culver	

**4:45**      Closing Remarks

CPR Re-certification Class – Radiology Classroom