



***Adult Physical Assessment Workshop
For Healthcare Professionals***

Monday, November 4 & Tuesday, November 5, 2019

9:00 am – 4:30 pm

Charlotte AHEC Center for Learning & Development
Charlotte, NC

*Co-sponsored by Charlotte AHEC
& UNC-Chapel Hill Eshelman School of Pharmacy.*

Target Audience

Pharmacists, Nurses, EMTs, Physical Therapists

Goal

Participants will be able to accurately perform an adult physical assessment, distinguishing between normal and common abnormal findings.

Through interdisciplinary case study activities, participants will learn with, about, and from other healthcare professionals to determine plan of care.

Description

Healthcare professionals in the Adult Physical Assessment Workshop will expand upon their current knowledge and skills in order to more comfortably perform a basic physical assessment of the adult. Using an interprofessional learning format, participants will briefly review basic anatomy and physiology, observe and participate in a demonstration of physical examination techniques and then practice those techniques. Common health deviations will be reviewed.

**Participants will need to bring their stethoscope (if available) & wear comfortable clothing.*

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Objectives

At the completion of this knowledge-based activity, the participant should be able to:

- List significant components of the normal anatomy and physiology (A&P) of skin, ear, nose, throat, head, neck, heart, lungs, abdomen, musculoskeletal and neurological systems.
- Explain the 6 elements that are a part of an adult's health history.
- Identify the techniques that are a part of an adult's health assessment based upon knowledge from anatomy and physiology.
- Outline appropriate techniques to fully assess the skin, ears, eyes, nose, throat, head, neck, heart, lungs, and abdomen.
- Illustrate screening examinations of the musculoskeletal and neurological systems.
- Interpret assessment findings, distinguishing between normal and common abnormal findings.
- Translate health assessment findings from case-study discussions into healthcare goals and plans of care by working with interprofessional teams.

Registration and Agenda

Please register online at www.charlotteahec.org

Participants must sign in at the registration table before the start of the program. Registration and check-in will begin at 8:30 am. The course begins promptly at 9:00 am and ends by 4:30 pm with the course schedule as follows:

Agenda- Day One

8:30 am – 9:00 am	Registration & Refreshments
9:00 am - 9:10 am	Welcome & Introductions
9:10 am – 9:20 am	Review IPE Concepts
9:20 am – 10:30 am	Module 1: Taking a Complete Health History
10:30 am – 10:45 am	Break
10:45 am – 11:15 am	History Practice
11:15 am – 11:40 am	Module 2: Examining the Skin
11:40 am – 12:00 pm	Case Study 1- IPE Groups
12:00 pm – 12:45 pm	Lunch
12:45 pm – 1:45 pm	Module 3: Examining the Nose, Mouth, Throat, Head, Neck
1:45 pm – 2:45 pm	Module 4: Examining the Ears
2:45 pm – 3:00 pm	Break
3:00 pm – 4:10 pm	Module 5: Examining the Eyes
4:10 pm - 4:30 pm	Case Study 2 - IPE Groups
4:30 pm	Adjourn
(355 min)	

Agenda - Day Two

8:30 am – 9:00 am	Registration & Refreshments
9:00 am – 10:15 am	Module 6: Examining the Respiratory System
10:15 am – 10:30 am	Break
10:30 am – 11:40 am	Module 7: Examining the Cardiovascular System
11:40 am – 12:00 pm	Case Study 3 - IPE Groups
12:00 pm – 12:45 pm	Lunch
12:45 pm – 2:00 pm	Module 8: Examining the Abdomen
2:00 pm – 2:15 pm	Break
2:15 pm – 2:45 pm	Module 9: Musculoskeletal Screening Exam
2:45 pm – 3:25 pm	Module 10: Neurological Screening Exam
3:25 pm – 3:50 pm	Case Study 4 - IPE Groups
3:50 pm – 4:20 pm	Module 11: Putting It All Together: A Review of Full Exam
4:20 p.m.	Adjourn
(365 min)	

Course Fees

- \$180.00 Pre-Registration (On or before 10/21)
- \$195.00 Registration (After 10/21)

AHEC Refund Policy:

Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future Charlotte AHEC program. If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future Charlotte AHEC program. No refunds will be given for individuals who cancel less than 48-hours prior to the program. Substitutes are welcome (please notify us in advance of the program). Cancellations MUST be made in writing (fax, mail, or email).

Continuing Education Credit For Pharmacists:

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE# 0046-9999-18-316-L04-P (Pharmacist) provides **12.00** contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 4 to 6 weeks. No partial credit will be available.

Planning Committee

Sarah Ashcraft, Education Specialist, Nursing & Pharmacy Continuing Education, Charlotte Area Health Education Center (AHEC)

May Cheung, MSN, RN-BC, Director, Nursing and Pharmacy Education, Charlotte Area Health

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Laura Magennis, DNP, MSN, RNC-OB, RN-BC, Education Specialist, Nursing and Pharmacy Education, Charlotte Area Health Education Center (AHEC)

Faculty

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ADA: If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact the Charlotte AHEC office at (704) 512-6523.