



***31st Annual Diabetes Conference:  
Keeping Pace with Innovative Strategies***

Thursday, April 11, 2019

7:45 am – 3:30 pm

UNC-Charlotte, Cone Center

Charlotte, NC

*Co-sponsored by Metrolina Association of Diabetes Educators (MADE),  
UNC-Charlotte School of Nursing, Charlotte AHEC  
& UNC-Chapel Hill Eshelman School of Pharmacy.*

**Target Audience**

Pharmacists, Nurses, Dietitians

**Goal**

This conference will provide participants with information on innovative strategies for diabetes management, including new trends in diabetes care and treatment.

**Objectives**

At the completion of this knowledge-based activity, the participant should be able to:

- Explain the problem with language in diabetes
- Identify person-centered, strengths-base, empowering messages
- List available language-related resources and where to find them"
- Recognize the less common types of diabetes (monogenic, LADA, and idiopathic) though clinical characteristics and lab tests
- Identify treatment and education plans for each of the atypical types of diabetes
- Describe the current evidence regarding the connection between inflammatory chronic disease and gut health, including the role of the gut microbiome
- Discuss practical dietary strategies for improving overall gut health and inflammatory disease processes"
- Identify the newest diabetes (DM) medications.
- Describe common drug information for new diabetes medications, including contraindications, warnings, adverse effects, dosing, drug interactions, monitoring, and clinical pearls when applicable.
- Discuss new medication updates regarding DM management and their implications for practice.
- Identify methods for integrating new medications and/or updates into practice using case studies scenarios.
- Compare personal and professional continuous glucose monitoring.
- Discuss the latest CGM technology and clinical application.

- Identify care management challenges of aging patients with diabetes and how an interdisciplinary care team can meet those challenges
- Discuss community resources to assist in the care of aging patients with diabetes

### **Exhibitors**

We wish to thank our exhibitors.

Please be sure to visit their booths in the Lucas Room of the Cone University Center.

### **Registration and Agenda**

Participants must sign in at the registration table before the start of the program.

Registration and check-in will begin at 7:00 am. The course begins promptly at 8:00 am and ends at 3:30 pm with the course schedule as follows:

7:00 – 7:45 am	Registration & Exhibits
7:45 – 8:00 am	Welcome & Opening Remarks
8:00 – 9:00 am	<p><b>Changing the Language of Diabetes</b>  Jane K. Dickinson, RN, PhD, CDE, Teachers College, Columbia University; AADE’s 2018 <i>Diabetes Educator of the Year</i></p>
9:00– 10:00 am	<p><b>Focusing on Atypical Types of Diabetes</b>  Karen L. Shidler, RN, MS-DEDM, CDE, BC-ADM  North Central Indiana Area Health Education Center (AHEC)</p>
10:00 – 10:30am	Break & Exhibits
10:30 – 11:30 pm	<p><b>The Impact of the Gut Biome on Diabetes</b>  Jennifer Redlich, MS, RD, CSO, LDN, Levine Cancer Institute</p>
11:30– 12:15 pm	<p><b>Diabetes Medications Update</b>  Cassie L. Boland, PharmD, BCACP, CDE, Wingate University</p>
12:15 - 1:30 pm	Lunch, Exhibitors & Networking
1:30 – 2:30 pm	<p><b>A Closer Look at Continuous Glucose Monitoring</b>  Lisa Meade, PharmD, Wingate University</p>
2:30 – 2:45 pm	Break and Exhibits
2:45 – 3:30 pm	<p><b>Interprofessional Collaboration for Aging Patients with Diabetes</b>  Ambulatory Care Management, Atrium Health NorthEast  Karina Pope, BSN, RN, CVN  Jessica Goodman, BSN, RN-BC  Sheila Reynolds, PharmD, BCGP, CDE, CPP  Crystal Salazar, MSW, Virtual Social Worker  Tawanda Mathis, Health Advocate</p>

## **Course Fees**

- \$115.00 Pre-Registration (On or before March 28)
- \$130.00 Registration (After March 28)

## **AHEC Refund Policy:**

Participants that are registered for a live or online workshop and cancel between 2-weeks and up to 48-hours prior to the program will receive a 70% refund or full credit toward a future Charlotte AHEC program. If you cancel more than 2-weeks in advance of the workshop, there is a \$25 cancellation fee or full credit toward a future Charlotte AHEC program. No refunds will be given for individuals who cancel less than 48-hours prior to the program. Substitutes are welcome (please notify us in advance of the program). Cancellations MUST be made in writing (fax, mail, or email).

## **Continuing Education Credit For Pharmacists:**



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The program ACPE# 0046-9999-19-147-L01-P

(Pharmacist) provides **5.5** contact hours of continuing pharmacy education credit. To receive CE credit, you must complete the CE attendance form and the evaluation of the program. Statement of credit can be viewed and printed in CPE Monitor. Statements of CE Credit will be processed in approximately 4 to 6 weeks. No partial credit will be available.

## **Course Coordinators**

**Josh Guffey, PharmD, BCACP, BC-ADM, BCPS**, Director, Pharmacy Education, Charlotte Area Health Education Center/AHEC & Clinical Assistant Professor, UNC Eshelman School of Pharmacy

**Sarah Ashcraft**, Education Specialist, Nursing & Pharmacy Continuing Education, Charlotte Area Health Education Center (AHEC) 704-512-6535

**May Cheung, MSN, RN-BC**, Director, Nursing and Pharmacy Education, Charlotte Area Health Education Center (AHEC), 704-512-6531

**Laura Magennis, MSN, RN-BC, RNC-OB**, Education Specialist, Nursing and Pharmacy Education, Charlotte Area Health Education Center (AHEC) 704-512-6204

## **Planning Committee:**

**Zeleka Benton, RN, MSN, CDE**, Wellness Navigator, Presbyterian Hospital, Charlotte, NC

**Angela Charles MS, RD, LDN, CDE, CPT**, Diabetes Educator, Carolinas HealthCare System NorthEast

**Kathy Jackson, MS RN CDE, RN Coordinator**, The Diabetes and Nutrition Center, Atrium Health Union

**Donald S Nuzum, PharmD, BCACP, BC-ADM, CDE, CPP**, Associate Professor, Wingate University Levine College of Health Sciences School of Pharmacy, Wingate NC

**Becky Obert, RD, M.Ed, CDE**

**Florence Okoro, PhD, RN**, UNC-Charlotte, Associate Professor, School of Nursing, Charlotte, NC

## ***Faculty***

**Jane K. Dickinson, RN, PhD, CDE**, Teachers College, Columbia University

**Karen L. Shidler, RN, MS, CDE, BC-ADM**, North Central Indiana Area Health Education Center (AHEC)

**Jennifer Redlich, MS, RD, CSO, LDN**, Levine Cancer Institute

**Cassie Boland, PharmD, BCACP, CDE**, Wingate University School of Pharmacy

**Lisa Meade, PharmD**, Wingate University

**Karina Pope, BSN, RN, CVN**, Atrium Health NorthEast

**Jessica Goodman, BSN, RN-BC**, Atrium Health NorthEast

**Sheila Reynolds, PharmD, BCGP, CDE, CPP**, Atrium Health NorthEast

**Crystal Salazar, MSW**, Virtual Social Worker, Atrium Health NorthEast

**Tawanda Mathis, Health Advocate**, Atrium Health NorthEast

**ADA:** If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to attend this program, please contact the Charlotte AHEC office at (704) 512-6523.

**Please register online at [www.charlotteahec.org](http://www.charlotteahec.org)**