

Drug Abuse Screening Test 10

What is it?

The Drug Abuse Screening Test (DAST) assesses drug use (not alcohol or tobacco) in the past 12 months.

Link(s) to Screener(s)

You can access the DAST-10 screening tool here: [DAST-10 \(drugabuse.gov\)](https://www.drugabuse.gov/2014/03/24/drug-abuse-screening-test-10)

https://cde.drugabuse.gov/sites/nida_cde/files/DrugAbuseScreeningTest_2014Mar24.pdf

How to use it / Who should administer

It can be administered by a clinician or via self-report, though it was designed to be a brief, self-report measure and it is most commonly used in this manner.

How to interpret / Next steps

Score 1 points for each “yes”, ***except question #3***, it gets a point if answered “no”.

Score	Degree of problems related to drug abuse	Suggested action
0	No problems reported	None at this time
1-2	Low level	Monitor, reassess at a later date
3-5	Moderate level	Further investigation
6-8	Substantial level	Intensive assessment
9-10	Severe level	Intensive assessment

Here are a few resources for you to use upon interpreting results

[Substance Use Disorders — The Waco Guide](#)